

SMALL ANIMAL & EQUINE NATUROPATHIC ASSOCIATION

MEMBERS NEWSLETTER QUARTER 4 - 2021



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The Presidents Word

Hello and welcome everyone to the Spring Edition of our SAENA Newsletter. I hope you are enjoying your regained freedom (particularly our members in NSW and VIC) and are looking forward to Christmas with your families.

We are excited to introduce you to our CPD program which we will launch as a pilot test program today and will run as such until the end of the financial year in June 2022. What does this mean? We thought it might be a good idea to slowly ease our members into the program and give you the chance to get familiar with the requirements and resources without having to produce actual CEU points until the end of the financial year. We have gathered a great list of learning resources which our members can access via the SAENA website right now to get ahead on their continuing education. There is so much information in these resources, we hope you find them useful as there is always something more to learn. These same resources, along with our Webinar Series, will form the foundation of our CPD program when it is fully implemented. From July 2022 onwards, however, you will have to produce a certain amount of CEU points during the year to be eligible for membership renewal for the following year.

Have a look at our website for more information and keep on checking for updates in the coming months. We will send out more info with instructions the closer we get to the new financial year but in the meantime please familiarise yourself with the resources and information provided in this newsletter and on our website.

Apart from our two main projects – the CPD (Continuing Professional Development) and Mentorship project – which will be launched next year – we also want to focus on more community building for 2022 and onwards. The need to build relationships among members and foster a sense of belonging to a community is at the core of any association. A professional community such as ours, which is rather unique in its focus on naturopathic medicine for small animals and horses, necessitates a strong communal focal point to provide our members with the opportunity connect and anchor themselves among like-minded professionals. We, the committee, endeavour to provide you with more opportunities to engage and connect in the coming year so please watch this space 😊

Lastly, in order to be able to achieve our goals and objectives in a timely manner, we need more manpower and hands on deck. We currently have 4 out of 7 roles filled which makes it somewhat difficult to complete our projects and goals within the timeframe we envision. **The Communications Coordinator role in particular needs to be filled by someone in the near future.** Anyone with basic knowledge of Facebook is suitable, and we will provide training for any other required tasks that are involved in this role. You will not only learn the ropes of the actual role but will also have a say in where the association is heading and will be at the core of the community building process. [Please get in touch if you would like to be involved.](#)

I wish you a lovely Christmas with your families and a Happy New Year 2022.

Sandra Bader
SAENA President



AGM Report & Committee News

The SAENA AGM was held on Thursday 16th September, at 7.30pm – many thanks to all those who attended.

Sandra provided the President's report, highlighting some of the key achievements of the Association during the previous year. Amongst these was the development and launch of the new website, which is now more accessible, easier to use, and has more useful information for members. It is well worth spending a few minutes having a look round the website to see what's there. If you think of anything else (articles, links, topics, etc.) that you think would be useful and interesting, please let us know, so that we can keep adding to it.

Sandra also presented the Strategic Plan for the forthcoming years, with a strong focus on projects providing member benefits, such as the Mentoring program and the Continuing Professional Development program.

The AGM then moved to the formalities of the financial reports for the year, and most importantly, electing the committee for the forthcoming year.

We should all thank the following people for agreeing to continue/take on roles in running our Association;

- **President:** Sandra Bader
- **Vice President:** Faye Dabrowski
- **Secretary:** Katrina Geelan
- **Treasurer:** Tasha Saw
- **General Committee Members:** Monika Generowicz, Phil Friedlos, Lisa Whight, Michael Yeo

We still have vacancies for a **Communications Officer**, an **Events Coordinator**, and a **Website Coordinator**, so if you would like to get involved, please let us know via email at info@saena.com.au



Webinar Information and Updates

Hopefully you will have joined some of the very informative webinars that we've had so far this year. A wide range of topics has been covered, ranging from canine rehabilitation, to equine nutrition, and how to develop your business mindset.

The whole series is available in the Members area of the website, and it's well worth taking the time to catch up on any that you missed.

Our webinar archive can be viewed here: <https://saena.com.au/webinars/>

And we're closing the year with a big one!

Sandi Rogers, the founder of SAENA, will be talking on Tuesday 30th November at 7:30pm Melbourne/Sydney time. Make sure you add this to your calendar!

Follow this link to join Sandi Rogers Webinar via Zoom on Tuesday the 30th of November at 7:30pm AEDT:
<https://us06web.zoom.us/j/82179848864?pwd=M2kxZnJaVzZFL2QrSi9MNHITTnBmdz09>

Connecting With SAENA

Let's Get Connected!

As well as the information available to you through the SAENA newsletter, remember that you can also connect with your fellow Naturopathic Practitioners through SAENA's various social media channels. We know that there's many, many, years of knowledge and practical experience out there within the membership and would love to see more of that being shared through the various available channels – Facebook, LinkedIn, and the SAENA website. Our website is constantly being updated so be sure to log in from time to time and have a look around.



- If you have any questions, post them to the group – someone out there probably has the answer.
- If you have a new article, product, link, technique, etc. that you've discovered, share it with your fellow practitioners.



Mentorship Program

Knowledge sharing and mutual support is at the heart of the growth and development of any community, and SAENA is no different. There is a wealth of experience in the SAENA membership – years of practical experience in treatment of animals, and setting up and running successful businesses.

The aim of the Mentoring program is to tap into the knowledge pool for the benefit of all members. This could be;

- Helping newly qualified therapists with advice on setting up a practice
- Sharing experience in treating a particular condition
- Coaching in the application of a particular treatment technique
- Facilitating a virtual “Q&A Clinic” for people to share issues, challenges, solution, and ideas
- Discussing the latest thinking on nutrition, use of supplements, etc.
- Or anything else that you think would be helpful....

In short, it can be anything.... The key is that we are sharing knowledge amongst the members, helping everyone become a more effective practitioner, and most importantly, helping the animals we are caring for get the best possible outcomes.

We want to hear what you think would be helpful to have in the Mentoring Program. Please share your thoughts either through our SAENA Members Facebook page, or via email to info@saena.com.au.



Further Education Resources

As part of our mission to develop a high standard of practitioners in our industry, we always encourage you to expand your knowledge in your field to keep up to date with industry and to give your clients the best treatments.

We have gathered some courses and membership programs that you can use to develop your learning in your own time. This is a preview of the resources available to you in the future Continuous Professional Development (CPD) program. Short courses and webinars relevant to your modalities from these providers will be included in the CPD Program and contribute to Continuing Education Units (CEU). We also encourage you to read research papers that support your field.

To make it easy, we have listed these courses and links on our [website members area](#) for you to browse through and choose what you like. Some courses/webinars are bought to you by our Webinar Series speakers and some are available at discounted prices exclusively for members.

Keep checking our website for new courses and discounts!

If you do choose a course and or webinar related to your modality, we encourage you to keep your completion certificate for use in the future within the CPD Program. Some course providers for a specific modality may also have short courses and webinars relevant to other modalities, so have a good browse.

This list will be constantly updated with more courses as we find them. Check out our website when you want to look for a course or webinar for your modality. There are also some links for finding research papers as an easier way to update yourself with the latest knowledge.

Have you found a course provider that has been helpful with complementing your knowledge? In business or as a practitioner? Send it to us via info@saena.com.au or message the SAENA Members Facebook page and we will verify it to add it to the list.

Myofunctional Therapy

K9HS Short Courses

<https://k9hscourses.com/resource-library/>

Online Pet Health

<https://onlinepethealth.com/memberships>

Canine Arthritis Management

<https://cameducation.teachable.com/p/camadvocate-level-1>

'How Dogs Move 1 and 2' K9 Biomechanics CPD

Dr Walter Dingemans

<https://forms.gle/rqmevww4d5Eg2RfH6>

Animal Rehab Institute

<https://animalrehabinstitute.com>



Multiple Modalities

E-training for Dogs- International College of Canine Studies USA

<https://e-trainingfordogs.com/ethology-and-canine-behavior-lecture-library/>

Discounted from \$25USD to \$18 for SAENA members

The passcode is: KGPIT-APDT

<https://e-trainingfordogs.com/available-courses/animal-wellness-animal-hospice/>

Veterinary CPD InnoVet Teach Online

<https://innovet-cpd.thinkific.com>

Vet Times CPD UK

<https://cpd.vettimes.co.uk>

Herbal Medicine/Naturopath

Essential Animals Nayana

<https://essentialanimals.com>

Nutrition

Vet Times CPD UK

<https://cpd.vettimes.co.uk>

Veterinary CPD InnoVet Teach Online

<https://innovet-cpd.thinkific.com/courses/raw-feed>

Business

Nikola Kinnard-Comedie - Equine Business Coaching

<https://www.nkcequestrian.com/practitioners/>

Research Articles

Frontiers <https://www.frontiersin.org/>

Pub Med <https://pubmed.ncbi.nlm.nih.gov>

Google Scholar (Add PDF to your search)
<https://scholar.google.com.au/>

Semantics Scholar

<https://www.semanticscholar.org/>

Research Gate

<https://www.researchgate.net/>



Events Near You

This year has been challenging when it comes to events, with ongoing COVID restrictions causing numerous cancellations and postponements. Thankfully, some areas are now at a stage where restrictions are easing to allow low risk events to go ahead. Please be sure to check your states COVID restrictions to determine if events will be allowed to proceed in your area. Also, please keep up to date with event details closer to the day to ensure you are aware of any cancellations, postponements, or new guidelines for participation.

Additionally, if you are aware of any events that SAENA members would like to hear about, please get in touch via email at info@saena.com.au or message our Facebook page so we can share the event/s on Facebook or in our next newsletter.

2021-22 Canine Events

- 19-20 March 2022 - Pawsitive Steps - Castle Hill, NSW
- 6-7 August 2022 - Dog Lovers Show - Sydney, NSW
- 14-16 October 2022 - Dog Lovers Show - Melbourne, VIC

2021-22 Equine Events

- 11-13 February 2022 - BARASTOC Horse of the Year - Werribee Park Equestrian Centre, Werribee South, VIC
- 24-27 February 2022 - Royal Canberra Show - Canberra Showground, Mitchell, ACT
- 8-19 April 2022 - Sydney Royal Easter Show - Sydney Olympic Park, NSW



Fun Comic



Source: www.heybuddycomics.com

Closing Words

Thanks once again to all our wonderful members. SAENA is your association, and we would not be able to grow as an industry leader without your ongoing support and contribution.

Lastly, if you have changed any contact details, please remember to let us know at info@saena.com.au

Stay safe and keep making a difference in animals lives.

SAENA EXECUTIVE

